

# The Impact of the MTPT Project's Parental Leave Group Coaching

As part of a regional Teaching School Hub and NEU partnership on the South Coast, HISP Teaching School Hub are proud to be supporting The MTPT Project's Parental Leave Group Coaching Programme throughout the academic year 2024-25.

This three-session programme offers colleagues on the South Coast empowering group coaching when they are on maternity, adoption or shared parental leave.

Ensuring the programme is fully-funded for state school colleagues is just one of the ways that HISP Teaching School Hub is addressing the recommendation in the recent Missing Mothers report by The New Britain Project and The MTPT Project, which called for "a comprehensive coaching programme for mothers during, and post-maternity leave". The report found that only 38% of mother-teachers surveyed were satisfied with the maternity leave and transition support provided by their school.



Laura Lewis, a Portsmouth-based Primary teacher completed the Parental Leave group coaching programme in 2024. She said: "It was really comforting to attend during my maternity leave. I wasn't nervous about returning to work as it gave me the opportunity to speak to others who had done it before and are even in senior leadership positions."

Laura found that the coaching increased her self-confidence and sense of positivity on maternity leave, motivating her to achieve her goals. She loved talking to others in similar situations and was able to secure the KIT day opportunities that she wanted with her school.

Find out more about The MTPT Project's fully-funded Parental Leave group coaching, including upcoming cohort dates and other regional Teaching School Hub sponsors on [Eventbrite](#).

